

Document title: Aalborg Portland basic safety rules	Document no.: D-5101 UK
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Dette dokument tilgås via link fra AP's hjemmeside. AP-Marketing skal informeres ved opdateringer.

1. I must use personal protective equipment. That means.:
 - Industrial safety helmet
 - Safety glasses
 - Visibility clothing (corresponding to class 1 reflective wear)
 - Safety booties in areas where there are signs regarding this
 - Other protective equipment as specifically specified in areas
2. I must be fully concentrated, wherever I go. This means:
 - Hands on the railing of the staircases.
 - Both hands on the handlebars. Both hands on the wheel.
 - No use of hand held mobile phone, when I drive, ride my bicycle or walk outdoors.
3. I must use fall protection gear or scaffold when I do work above 2 metres.
 - However, use of scaffold above 2 metres without fall protection gear/scaffold is allowed at inspection up to 5 metres using footing or securing of the scaffold.
 - By use of elevator you must use fall protection gear or floor man, who are instructed in the emergency lowering.
4. I must use my personal safety interlock, when I work on equipment.
5. I must always perform "Think 5" or similar risk assessment, before I start my work.
6. Fit to work. I must always notify, if I am ill or not physically or mentally capable of working safely.
7. I must have conducted safety training. I must always notify, if I have not been instructed, so that I can perform safely.
8. I must immediately stop dangerous behaviour.
9. I do not work under influence of alcohol or psychedelic narcotics. I am prepared to be tested.
10. I must leave my work place orderly cleaned and with the equivalent security measures as when I started my work.

**Compliance with safety rules is a prerequisite for working at Aalborg Portland.
Aalborg Portland will handle violations in accordance with internal rules.**